

<p><span style="color: #000000; font-family: Times New Roman; font-size: small;">  
</span></p> <p style="margin: 0in 0in 0pt; text-align: justify;"><span style="font-family: Times  
New Roman;"><strong style="mso-bidi-font-weight: normal;"><span lang="IT"  
style="background: white; color: #333333; font-size: 14pt; mso-ansi-language: IT;"><span  
style="mso-spacerun: yes;"> </span></span></strong><strong style="mso-bidi-font-weight:  
normal;"><span lang="IT" style="background: white; color: black; font-size: 14pt;  
mso-ansi-language: IT;">RECOMANDARI DE SARBATORI</span></strong></span></p>  
<p><span style="color: #000000; font-family: Times New Roman; font-size: small;">  
</span></p> <p style="margin: 0in 0in 0pt; text-align: justify;"><strong  
style="mso-bidi-font-weight: normal;"><span lang="IT" style="background: white; color: black;  
font-size: 14pt; mso-ansi-language: IT;"><span style="font-family: Times New Roman;">  
</span></span></strong></p> <p><span style="color: #000000; font-family: Times New  
Roman; font-size: small;"> </span></p> <p style="margin: 0in 0in 0pt; text-align: justify;  
text-indent: 0.5in;"><span lang="IT" style="background: white; color: black; font-size: 14pt;  
mso-ansi-language: IT;"><span style="font-family: Times New Roman;">Efectele binefacatoare  
ale postului sunt recunoscute astazi si de medicina. Dupa post insa, organismul trebuie protejat  
si ajutat, iar de sarbatori este perioada alimentelor bogate in grasimi, proteine, dulciuri  
concentrate. </span></span></p> <p><span style="color: #000000; font-family: Times New  
Roman; font-size: small;"> </span></p> <p style="margin: 0in 0in 0pt; text-align: justify;  
text-indent: 0.5in;"><span lang="IT" style="background: white; color: black; font-size: 14pt;  
mso-ansi-language: IT;"><span style="font-family: Times New Roman;">◆totdeauna ◆  
perioada s?rb?torilor exist? persoane care se confrunt? cu diverse probleme digestive precum  
indigestie, balonare sau alergii alimentare?. </span></span></p> <p><span style="color:  
#000000; font-family: Times New Roman; font-size: small;"> </span></p> <p style="margin: 0in  
0in 0pt; text-align: justify; text-indent: 0.5in;"><span lang="IT" style="background: white; color:  
black; font-size: 14pt; mso-ansi-language: IT;"><span style="font-family: Times New  
Roman;">Fie c? este vorba de cantitatea m◆c?rii sau de calitatea acesteia, problemele  
digestive apar negre?it la persoanele care nu se pot controla ◆ fa?a unei mese  
pline.</span></span></p> <p>◆</p> <p><a href=" ../upload/comunicate/RECOMANDARI DE  
SARBATORI.doc">>>> mai mult</a></p>